

Physical Education/ Coaching Certificate (23 hours)

Program

Health and Wellness

Degree Type

CTE Short-Term Certificate (STC)

The Physical Education/Coaching Certificate (23 hrs) is for the student wishing to continue their education at a four-year institution for physical education, teaching, or coaching. The courses in this certificate offer basic insight into classroom/ player management, student/athlete discipline, responsibilities of teachers/coaches as well as how to physically prepare students/athletes for sports and competition.

Item #	Title	Credits
HED 226	WELLNESS	3
PED 100	FUNDAMENTALS OF FITNESS	3
PED 200	FOUNDATIONS OF PHYSICAL EDUCATION	3
EDU 100	EXPLORING TEACHING AS A PROFESSION	3
PED 216	SPORTS OFFICIATING	3
BIO 201	HUMAN ANATOMY AND PHYSIOLOGY I	4
BIO 202	HUMAN ANATOMY AND PHYSIOLOGY II	4
Total Credits		23