

MSG 104 : MUSCULOSKELETAL AND KINESIOLOGY I

This course introduces students to concepts related to the study of muscle movement. As part of the program students learn the interaction of muscles and various bony landmarks of the skeletal system. Students further learn how to position individuals in preparation for therapeutic massage of various muscle groups. Students will demonstrate this knowledge in associated lab activities.

Credits 3

Lab Hours 3

Co-Requisite Courses MSG 101,
MSG 102,
BIO 111

Theory Hours 2