

# COS 118 : BASIC SPA TECHNIQUES LAB

This course provides practical applications related to the care of the skin and related structure. Emphasis is placed on facial treatments, product application, skin analysis, massage techniques, facial make-up, hair removal, and nail care. Upon completion, the student should be able to prepare clients, assemble sanitized materials, follow procedures for product application, recognize skin disorders, demonstrate facial massage movement, cosmetic application, and hair removal using safety and sanitary precautions, and nail care.

**Credits** 3

**Prerequisites**

COS 113, 114, 115, 116 with minimum grade of "C" or permission of instructor.

**Lab Hours** 6

**Corequisites**

COS 117, 163, 164.

**Theory Hours** 0